

Collecting Seaweed

Harvesting Seaweed

- For the garden, drift seaweed is best as it has already started to dry out.
- For food, harvest fronds from living plants. If only the younger outer blades are removed, leaving the holdfast attached to the rock, the plant will continue to grow.
- Remember to collect seaweed away from commercial or industrial activity to avoid any contamination risk.

Drying Seaweed

- Rinse seaweed in fresh water to get rid of sand and small attached animals.
- Hang the blades from a laundry line/rack to dry in the sun and wind. until dry and crispy. Depending on the weather, this could take a few hours or a few days.
- Cut the dry fronds into 3 cm lengths with scissors and pack in an airtight container or ziplock bag.

